

RESULT OF SPECIFIC MEDICAL CHECKUP

(特定健康診査受診結果通知表)

Name in Kana (フリガナ)					
Name (氏名)					
Date of birth (生年月日)	year (年)	month (月)	day (日)	Date of checkup (健診年月日)	year (年) month (月) day (日)
Sex (性別)	F / M	Age※ (年齢)	Yeas (歳)	Card no. for the checkup (特定健康診査受診券番号)	

Anamnesis (既往歴)				
Medication history (服薬歴)			Smoking History (喫煙歴)	
Subjective symptom (自覚症状)				
Objective symptom (他覚症状)				

Basic items (基本項目)

Items (項目)	Standard value (基準値)	Present result (今回)	Last result (前回)	One to the last (前々回)
Body measurement (身体測定)	Height (cm) (身長)	—		
	Weight (kg) (体重)	—		
	Waist (cm) (胸囲)	85		
	Area of visceral fat (cm ³) (内臓脂肪面積)	100		
	BMI	25		
Blood pressure (血圧)	Systolic (mmHg) (収縮期血圧)	130		
	Diastolic (mmHg) (拡張期血圧)	85		
Blood lipid (血中脂質検査)	Neutral fat (mg/dl) (中性脂肪)	150		
	HDL-cholesterol mg/dl (HDL-コレステロール)	40		
	LDL-cholesterol (mg/dl) (LDL-コレステロール)	120		
Hepatic function (肝機能検査)	GOT(AST) (IU/l) (GOT)	31		
	GPT(ALT) (IU/l) (GPT)	31		
	γ-GTP (IU/l) (γ-GPT)	51		

Blood-sugar level (Either one will be fine) 血糖検査 (いずれかの項目の実施で可)	Fasting blood sugar level(mg/dl) (空腹時血糖)	100			
	HbA1c (%)	5.2			
Urine check (尿検査)	Urinary sugar (糖)	(-)	-		
	Uric protein (蛋白)	(-)	-		

※The age shown is for the end of this year (表示年齢は、当該年度末年齢)

Detailed items (詳細項目)

Items (項目)		Standard value (基準値)	Present result (今回)	Last result (前回)	One to the last (前々回)
Anemia test (貧血検査)	Number of red blood cell (ten thousand / mm ³) (赤血球数)	410-530			
	Amount of hemoglobin (g/dl) (血色素量)	13			
	Hematocrit level (%) (ヘマトクリット値)	39-52			

		Present result (今回)	Last result (前回)	One to the last (前々回)
Electrocardiogram (心電図検査)	Findings (所見)			
Fundus examination (眼底検査)	Findings (所見)			

Diagnostic for metabolic syndrome (メタボリックシンドローム判定)	Present result (今回)	Last result (前回)	One to the last (前々回)

Diagnostic by a doctor (医師の判断)	
Name of a doctor for diagnostic (判断した医師の氏名)	

Mr. / Mrs.
