

RESULT OF SPECIFIC MEDICAL CHECKUP

(特定健康診査受診結果通知表)

| | | | | | |
|-------------------------|----------|--------------|-------------|---|----------------------------|
| Name in Kana (フリガナ) | | | | | |
| Name (氏名) | | | | | |
| Date of birth (生年月日) | year (年) | month (月) | day (日) | Date of checkup (健診年月日) | year (年) month (月) day (日) |
| Sex (性別) | F / M | Age※ (年齢) | Yeas (歳) | Card no. for the checkup (特定健康診査受診券番号) | |

| | | | | |
|------------------------------|--|--|--------------------------|--|
| Anamnesis (既往歴) | | | | |
| Medication history (服薬歴) | | | Smoking History (喫煙歴) | |
| Subjective symptom (自覚症状) | | | | |
| Objective symptom (他覚症状) | | | | |

Basic items (基本項目)

| Items (項目) | Standard value (基準値) | Present result (今回) | Last result (前回) | One to the last (前々回) |
|-----------------------------|---|------------------------|---------------------|--------------------------|
| Body measurement (身体測定) | Height (cm) (身長) | — | | |
| | Weight (kg) (体重) | — | | |
| | Waist (cm) (胸囲) | 85 | | |
| | Area of visceral fat (cm ³) (内臓脂肪面積) | 100 | | |
| | BMI | 25 | | |
| Blood pressure (血圧) | Systolic (mmHg) (収縮期血圧) | 130 | | |
| | Diastolic (mmHg) (拡張期血圧) | 85 | | |
| Blood lipid (血中脂質検査) | Neutral fat (mg/dl) (中性脂肪) | 150 | | |
| | HDL-cholesterol mg/dl (HDL-コレステロール) | 40 | | |
| | LDL-cholesterol (mg/dl) (LDL-コレステロール) | 120 | | |
| Hepatic function (肝機能検査) | GOT(AST) (IU/l) (GOT) | 31 | | |
| | GPT(ALT) (IU/l) (GPT) | 31 | | |
| | γ-GTP (IU/l) (γ-GPT) | 51 | | |

| | | | | | |
|--|---|-----|---|--|--|
| Blood-sugar level (Either one will be fine) 血糖検査 (いずれかの項目の実施で可) | Fasting blood sugar level(mg/dl) (空腹時血糖) | 100 | | | |
| | HbA1c (%) | 5.2 | | | |
| Urine check (尿検査) | Urinary sugar (糖) | (-) | - | | |
| | Uric protein (蛋白) | (-) | - | | |

※The age shown is for the end of this year (表示年齢は、当該年度末年齢)

Detailed items (詳細項目)

| Items (項目) | | Standard value (基準値) | Present result (今回) | Last result (前回) | One to the last (前々回) |
|-----------------------|--|-------------------------|------------------------|---------------------|--------------------------|
| Anemia test (貧血検査) | Number of red blood cell (ten thousand / mm3) (赤血球数) | 410-530 | | | |
| | Amount of hemoglobin (g/dl) (血色素量) | 13 | | | |
| | Hematocrit level (%) (ヘマトクリット値) | 39-52 | | | |

| | | Present result (今回) | Last result (前回) | One to the last (前々回) |
|------------------------------|------------------|---------------------|------------------|-----------------------|
| Electrocardiogram (心電図検査) | Findings (所見) | | | |
| Fundus examination (眼底検査) | Findings (所見) | | | |

| Diagnostic for metabolic syndrome (メタボリックシンドローム判定) | Present result (今回) | Last result (前回) | One to the last (前々回) |
|---|---------------------|------------------|-----------------------|
| | | | |

| | |
|--|--|
| Diagnostic by a doctor (医師の判断) | |
| Name of a doctor for diagnostic (判断した医師の氏名) | |

| |
|------------|
| Mr. / Mrs. |
|------------|